English Newsletter CIKOKA





International Festa Executive Committee Members and Booth Exhibitors

Koka International Society is seeking for executive committee members who would like to be involved with planning and operation of International Festa on December 11th (sun). For booth exhibitors, please also join the executive committee to plan the festa together.

First executive committee members meeting

Date: June 22nd (Wed) from 7pm

Location: Kizuna

Inquiry: Koka International Society

at 0748-63-8728

June Taxes (6月の納税等)

This month's taxes are the following:

- · **Shi Kenmin Zei** City l
- City Residential Tax
- · Kokumin Kenko Hoken Zei

National Health Insurance Tax

- · Suido Ryokin Water Fee
- · Hoiku/ Yochien-Ryo

Nursing School/Kindergarten Fee

- · Yochien Shiyo-Ryo Kindergarten Usage Fee
- Kaigo Hoken- Ryo Nursing Insurance Fee

Due date for taxes is June 30th, 2011

Building a Society Without Domestic Violence

WHAT IS DOMESTIC VIOLENCE?

Domestic Violence (DV) is a pattern of abusive behaviors by partners in intimate relationship such as marriage and family. The problem with DV is that most violent behaviors are seen as a family issue, and it could lead to serious situation because the victims bear the violence, batterers are not aware of violence and others around the victim are lack of understanding.

VARIOUS FORMS OF DOMESTIC VIOLENCE

- 1: Physical Aggression punching, kicking, throwing stuffs, shoving away etc.
- 2: Emotional Abuse casting slurs on one's integrity, yelling "get out of the house" or "don't talk back", overly monitor partner's friendships, threatening and intimidating.
- 3: Sexual Abuse coercive of sexual contacts against partner's will, not cooperating with contraception and force to watch pornography.
- 4: Economic Deprivation not providing living expense, overly monitor spending and not allowing to work
- 5: Abuse using child show violence to child, threaten to use violence against children, abuse children, and coax children to say things on batterer's behalf

WHY DON'T THE VICTIMS ESCAPE?

It is not that DV victims do not run away; they "can't" run away. DV forms a relationship where one batters and dominates the other. Victim is disempowered by the continuous abuses from the batterer. Victims fear that battering will be worse if try to escape, and they endure the abuses to keep family together for the sake of children and for financial reasons.

PLEASE REACH OUT FOR HELP

Victims of DV are not at fault. Also, children in abusive household are victims as well. It is important for you and your children to seek out consultation.

Contact	Date & Time	
Chuo Kodomo Katei Sodan Center at 077–564–7867	Phone Consultation: everyday from 8:30am to 10pm In person consultation: (need RSVP) Mon to Fri 9:15am to 4pm	
Hikone Kodomo Katei Sodan Center at 0749-24-3741	Phone Consultation: Mon to Fri 8:30am to 5:15pm In person consultation: (need RSVP) Mon to Fri 9:15am to 4pm	
Danjo Kyodo Sankaku Center at 0748-37-8739	Consultation: Tue & Wed, Fri to Sun 9am to 12pm, 1pm to 5pm Thursdays: 9am to 12 pm, 5pm to 8:30pm	

Contact	Date & Time		
Koka Keisatusho Seikatu Anzenka at 0748–62–4155	Call 911 when in emergency		
Kenmin no koe 110ban at 077-525- 0110	Mon to Fri 8:30am to 5:15pm		
Shakai Fukushika at 0748-65-0660	Consultation: Mon to Fri 8:30am to 5:15pm		
Jinken Suishinka at 0748-65-0751	Consultation: (RSVP if in person consultation) Mon, Wed, Fri 9am to 4p		

Health Checkup Schedule for June

Exam	Date of Birth	Exam Date	Location	Hours	What to Bring
Infants up	rebruary	6 /23 (Thrs)	Minakuchi HC	1:00 pm ~ 1:30 pm	Maternity record book, questionnaire, bath
to 4 months		6 /30 (Thrs)	Koka HC		towel, diapers, change of clothes, milk for nursing if necessary
10 months	July 2010	6 /9 (Thrs)	Minakuchi HC	1:00 pm ~ 1:30 pm	Maternity record book, questionnaire, bath towel, diapers, change of clothes, milk for
10 111011113		6 /20 (Mon)	Konan HC		nursing if necessary
1 year and	October	6 /29 (Wed)	Minakuchi HC	1:00 pm ~ 1:30 pm	Maternity record book, questionnaire
8 months	2009	6 /8 (Wed)	KonanHC		
2 years and	November 2008	6 /20 (Mon)	Minakuchi HC	9:00am ~ 9:30am	Maternity record book, questionnaire, questionnaire about child's hearing ability
6 months		6 /15 (Wed)	Konan HC		
3 years and	November	6 /13 (Mon)	Minakuchi HC	1:00 pm ~ 1:30 pm	Maternity record book, questionnaire
6 months	2007	6 /6 (Mon)	Konan HC		

*If you plan on taking an exam at a Hoken Center outside of your area, please contact Health Promotion Division (65-0703) 7 days in advance.

*If you réside in Tsuchiyama or Shigaraki and cannot make to the health exam location, please call Health Promotion Division (65-0703) 7 days in advance.

*Checkup for hearing ability is given at the point of 2 years and 6 months old.

*Detailed information will be either distributed at the health checkup for 1 and 8 months old or published in the "baby and infant health checkup questionnaire". Please read it carefully and perform "whispering test" and visit nearby by Hoken Center.

For more information

Kenko Suishin Ka / Health Promotion Division

◆Phone: 0748-65-0703 / FAX:0748-63-4591

Shigaraki Hoken Center

◆ Phone: 0748-82-3113 / FAX:0748-82-3138

Minakuchi Hoken Center

◆ Phone: 0748-62-5336 / FAX:0748-62-5418

Tsuchiyama Hoken Center

◆ Phone: 0748-66-1105 / FAX:0748-66-1564

Konan Hoken Center

◆ Phone: 0748-86-5934 / FAX:0748-86-5974 Koka Hoken Center

◆ Phone: 0748-88-6556 / FAX:0748-88-6557

Quick Information

Koka City Scholarship Fund Benefit-Plan

Koka City is providing scholarship fund to those who have financial difficulties in applying to a high school.

Eligibility:

Eligible if all following 3 items are met

①: recipient of Shiga prefecture scholarship fund (Shigaken shougaku shikin) or Japan Student Services Organization fund (Nihon gakusei shien kikou shougakukin), or recipient of equivalent scholarship

②: applicant's guardian(s) have had address in Koka City for more than a year from the date of receiving ①.

③: Family receiving welfare in accord with the Public Assistance Act, or individuals belong to an equivalent family

Amount of Scholarship Fund:

: for high school and special-needs school (high school division) ¥ 5000 per month

: college/university \(\Xi \)15,000 per month

Application Period:

June 15th (Wed) to July 15th (Fri)

Application must be submitted to receive scholarship funds.

For more details, please contact

School Education Division at Phone: 86-8019 FAX 86-8380

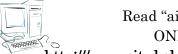
Let's Prevent Food Poisoning

Food poisoning occurs throughout a year. In hot weather, bacteria that cause food poisoning multiply and they are hard to detect by color or smell from the food. Please practice the following and protect ourselves from getting food poisoning.

1: Wash your hands when handling food

- 2: Disinfect cutting boards and dishcloth with hot water or bleach
- 3: Cook meal and eat it as soon as possible
- 4: Store food in refrigerator
- 5: Heat thoroughly
- 6: Leftover should be thrown away after sometime

For questions and concerns, Health Promotion Division at Phone 65-0703 FAX 63-4591



Read "aiKoka" newsletter ONLINE!! Visit us at

http:///www.city.koka.shiga.jp/english

At this site, you can also find out more about Koka, city services, sightseeing, health coverage, life in Koka etc. English interpreter is available for your convenience from 8:30 am to 5:15 pm.

Koka Regional Community Promotion Div. Phone: 0748-65-0604

E-mail: koka41176@city.koka.lg.jp