

 Suishin Shitsu at Koka City Hall in Minakuchi. Phone: 65-0604 FAX: 63-4554

| Health Checkup Scheaule for May | | | | | | |
|---------------------------------|------------------|---------------|--------------|----------------------|---|--|
| Exam | Date of Birth | Exam Date | Location | Hours | What to Bring | |
| Infants up | January | 5 /24 (Thrs) | Minakuchi HC | 1:00 pm ~ 1:30 pm | Maternity record book, questionnaire, bath towel, diapers, | |
| to 4 months | 2012 | 5/31 (Thrs) | Konan HC | 1:30 pm | change of clothes, milk for nursing if necessary | |
| 10 months | June 2011 | 5 / 10 (Thrs) | Minakuchi HC | 1:00 pm ~ 1:30 pm | Maternity record book, questionnaire, bath towel, diapers, | |
| | | 5/23 (Wed) | Konan HC | | change of clothes, milk for nursing if necessary | |
| | September | 5/9 (Wed) | Minakuchi HC | 1:00 pm ~ 1:30 pm | Maternity record book, | |
| 1 year and 8 months | 2010 | 5 /29 (Tue) | Koga HC | 1:30 pm | questionnaire | |
| 2 years and 6 months | October 2009 | 5 / 9 (Wed) | Minakuchi HC | 9:30am ~ | Maternity record book, questionnaire, questionnaire about | |
| | | 5 /21 (Mon) | Koga HC | 10:00am | child's hearing ability | |
| 3 years | October | 5 / 14 (Mon) | Minakuchi HC | 1:00 pm ~ | Maternity record book, guestionnaire | |
| and 6 months | 2008 | 5 /28 (Mon) | Konan HC | 1:30 pm | | |

Calcadula for

*If you plan on taking an exam at a Hoken Center outside of your area, please contact Health Promotion Division (65-0703) 7 days in advance. *If you reside in Tsuchiyama or Shigaraki and cannot make to the health exam location, and if you wish to receive individual health checkup, please call Health Promotion Division at 65-0736 7 days in advance. *Checkup for hearing ability is given at the point of 2 years and 6 months old. *Detailed information will be either distributed at the health checkup for 1 and 8 months old or published in the "baby and infant health checkup ausstionnaire" Please read it carefully and perform "whispering

in the "baby and infant health checkup questionnaire". Please read it carefully and perform "whispering test" and visit nearby by Hoken Center.

◆ TEL: 0748-62-5336 / FAX:0748-62-5418 ◆ TEL: 0748-88-6556 / FAX:0748-88-6557

For more information

Minakuchi Hoken Center

Kenko Suishin Ka / Health Promotion Division TEL: 0748-65-0703 / FAX:0748-63-4591 Shiqaraki Hoken Center TEL: 0748-82-3113 / FAX:0748-82-3138

Tsuchiyama Hoken Center TEL: 0748-66-1105 / FAX:0748-66-1564 Konan Hoken Center



TEL: 0748-86-5934 / FAX:0748-86-59 Koka Hoken Center

Combined vaccination for Measles and Rubella

Measles and Rubella are highly contagious viruses, and high fever continues which could lead to severe complications such as encephalitis. Vaccination for these viruses is important not only to prevent yourself from contracting but also to avoid spreading to others. Vaccination is highly encouraged for those who have never received it, and second shot is recommended also to those who have received one before.

| Eligible | Born between April 2 nd , 2006 and April 1 st , 2007 (Nursery school and senior kindergarten) Born between April 2 nd , 1999 and April 1 st , 2000 (First grade in junior high school) | | |
|--|---|--|--|
| | Born between April 2 nd , 1994 and April 1 st , 1995 (Third grade in high school) * Excluding high school student who received the vaccination in secong grade in high school) | | |
| Vaccination period | Until March 31 st , 2013 (or until the end of vaccination period desginated by each medical institution). Vaccination is recommended to be received by August. | | |
| Fee | Free | | |
| Available mec institution a appointmen | nd Please refer to the Health and Medical Checkup Calendar for more details. | | |
| What to bring | Preliminary examination slip, certificate of a health insurance for ID purpose, maternity health record book, authorization letter if accompanied by other than the legal guardian. | | |

* Please make sure your child is accompanied by a legal guardian.

* Notification letter has been sent to eligible recipients: 1st grades in junior high school and 3rd grades in high school.

* Notification letter for eligible recipients of nursery school and senior kindergartens will be sent around the beginning of May. If you have not received the preliminary examination slip, please contact us at below. Health Promotion Division, Maternal and Child Health section at 0748-65-0736 FAX: 0748-63-4591

Subsidy program for outpatient medical fees expanded

In addition to the existing subsidy program for outpatient medical fees for elementary school children, junior high school students in resident tax exempted household are now included as eligible recipients.

Eligible

Junior high school students whose household is exemted from resident tax.

* Those who have severe physical or mental disability, are in a single parent household, are eligible for Welfare and Medical Expense Subsidy Program (福祉医療費所税制度 or Fukushi Iryohi Josei Seido) are not eligible for this type of subsidy program.

Subsidy details

Subsidies for the perosnally-bourne expense of medical fees, after deducting high medical expenses and fringe benefits from the total amount paid at the reception window of medical institution.

* Subsidy is not granted for outpatient medical expenses under the National Agency for the Advancement of Sports and Health program.

* Medical expenses which are not covered by the health insurance cannot be covered by the subsidy program. For more information, please contact: **Insurance and Pension Division at 0748-65-0689 FAX: 0748-63-4618**

Koka City Living Guide is Now Available for your Convenience!!!

This comprehensive living guide provides information on disaster prevention, taxes, National Health Insurance & National Pension, child rearing, health checkups, welfare, and education. Living guide is available at Koka City Hall in Minakuchi or by request. For more information, please contact us at: Koka Regional Community Promotion Division at 0748-65-0604, FAX: 0748-63-4554,

koka41176@city.koka.lg.jp

| Automated translation is available | |
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| on our homepage: | Koka Regional Community Promotion Div. |
| http://www.city.koka.lg.jp/ | Phone: 07 <u>48-65-060</u> 4 E-mail: koka4 <u>11</u> 76@city.koka.lg.jp |